EPH Spring/ Summer 2023

Regular

Week 1

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Apr-30, May-28, Jun-25, Jul-23, Aug-20, Sep-17, Oct-15	May-01, May-29, Jun-26, Jul- 24, Aug-21, Sep-18, Oct-16	May-02, May-30, Jun-27, Jul- 25, Aug-22, Sep-19, Oct-17	May-03, May-31, Jun-28, Jul- 26, Aug-23, Sep-20, Oct-18	May-04, Jun-01, Jun-29, Jul-27, Aug-24, Sep-21, Oct-19	May-05, Jun-02, Jun-30, Jul-28, Aug-25, Sep-22, Oct-20	May-06, Jun-03, Jul-01, Jul-29 Aug-26, Sep-23, Oct-21	
Breakfast							
Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	
Bacon	Bacon	Sausage Patty	Bacon	Sausage Patty	Bacon	Biscuits and Gravy	
Mini Danish	White Toast /Wheat Toast	Pancakes	White Toast /Wheat Toast	French Toast	White Toast /Wheat Toast	Margarine	
Margarine	Jelly	Pancake Syrup	Jelly	Pancake Syrup	Jelly	Juice of Choice	
Juice of Choice	Margarine	Margarine	Margarine	Margarine	Margarine	2% Milk	
2% Milk	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Coffee/Tea	
Coffee/Tea	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk		
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea		
Lunch							
Pork Loin	Swiss Steak	Spaghetti Sauce w/Meat	Fried Chicken wh or dr	Orange-Spiced Pork Chop	Tilapia	Pork Chow Mein	
Red Bliss Potatoes	Mashed Potatoes	Spaghetti Noodles	Corn on the Cob	Bread Stuffing	Confetti Mashed Potatoes	White Rice	
Dilled Carrots	Italian Blend Mixed	Green Beans	Baked Beans	Capri Vegetable {car,squ,gr	Broccoli	Oriental Vegetable Blend	
Dinner Roll	Vegetables	Garlic Toast	Wheat Bread	bean}	Dinner Roll	Wheat Bread	
Margarine Cup	Wheat Bread	Margarine Cup	Margarine Cup	Wheat Bread	Margarine Cup	Margarine Cup	
Ice cream Sundae	Margarine Cup	Chocolate Butterscotch Bars	Cheesecake	Margarine Cup	Vanilla Pudding	Chocolate Cream Pie	
Tea/Lemonade/Milk/Coffee	Lemon Poppyseed Cake	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	Lemon Bars	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	
	Tea/Lemonade/Milk/Coffee			Tea/Lemonade/Milk/Coffee			
Dinner							
Coney Island Hot Dog	Chicken a la King	Lemon Baked Fish	Split Pea Soup	Sloppy Joe	Braised Beef Tips	Pepperoni Pizza	
Tater Tots	Green Peas	Whipped Sweet Potatoes	Saltine Crakers	Cole Slaw	Egg Noodles	Veggie Sticks	
Ketchup	Biscuit	Prince Charles Veggie Blend	Cold Roast Beef Sandwich	Chocolate Chip Cookie	Yellow Squash	Garden Vegetable Dip	
Chocolate Iced Brownie	Margarine Cup	Wheat Bread	Lettuce / Tomato / Onion	Tea/Lemonade/Milk/Coffee	Peach Crisp	Watermelon	
Tea/Lemonade/Milk/Coffee	Emerald Pears	Margarine Cup	Fresh Fruit Cup		Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	
	Tea/Lemonade/Milk/Coffee	Cherry Pie	Mustard Packet				
		Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee				
Eve. Snack							
Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	
Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	

EVANSVILLE PRO	TESTANT HOME.	EPH Spring/ Summer 2023		Re	Week 2	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May-07, Jun-04, Jul-02, Jul-30, Aug-27, Sep-24, Oct-22	May-08, Jun-05, Jul-03, Jul-31, Aug-28, Sep-25, Oct-23	May-09, Jun-06, Jul-04, Aug- 01, Aug-29, Sep-26, Oct-24	May-10, Jun-07, Jul-05, Aug- 02, Aug-30, Sep-27, Oct-25	May-11, Jun-08, Jul-06, Aug- 03, Aug-31, Sep-28, Oct-26	May-12, Jun-09, Jul-07, Aug- 04, Sep-01, Sep-29, Oct-27	May-13, Jun-10, Jul-08, Aug- 05, Sep-02, Sep-30, Oct-28
Breakfast						
Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Bacon	Bacon	Sausage Patty	Bacon	Sausage Patty	Bacon	Biscuits and Gravy
Mini Danish	White Toast /Wheat Toast	Pancakes	White Toast /Wheat Toast	French Toast	White Toast /Wheat Toast	Margarine
Margarine	Jelly	Pancake Syrup	Jelly	Pancake Syrup	Jelly	Juice of Choice
Juice of Choice	Margarine	Margarine	Margarine	Margarine	Margarine	2% Milk
2% Milk	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Coffee/Tea
Coffee/Tea	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	
Lunch						
Beef Burgundy	Barbeque Chicken	Meatloaf	Country Fried Steak/Gravy	Baby Back Ribs	Salmon Patty	Lasagna
Parsley Noodles	German Potato Salad	Baked Potato	Mashed Potatoes	Parslied Potatoes	Sweet Potato Fries	Cauliflower
Whole Baby Carrots	Corn	Capri Vegetable {car,squ,gr	Green Beans	Sauerkraut	Stewed Tomatoes	Breadstick
Ice cream Sundae	Dinner Roll	bean}	Wheat Bread	Wheat Bread	Wheat Bread	Margarine Cup
Dinner Roll	Margarine Cup	Wheat Bread	Margarine Cup	Margarine Cup	Margarine Cup	Raspberry Whip
Margarine Cup	Strawberry Angel Food Cake	Margarine Cup	Frosted Gelatin w/Fruit	Cake Chocolate German	Banana Parfait	Tea/Lemonade/Milk/Coffee
Tea/Lemonade/Milk/Coffee	Roll	Watermelon	Tea/Lemonade/Milk/Coffee	Teenie	Tea/Lemonade/Milk/Coffee	
	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee		Tea/Lemonade/Milk/Coffee		
Dinner						
Chunky Vegetable Soup	Hamburger on Bun	OF Hot Turkey Sand / Gravy	Chicken Noodle Soup	Beef and Broccoli Casserole	Cream of Potato Soup	Chicken Alfredo w/Fettuccine
Submarine Sandwich	French Fries	Baby Baker Potatoes	GF PB & J Sandwich	Dinner Roll	Saltine Crakers	Spinach
Lettuce / Tomato / Onion	Three Bean Salad	California Blend	Mixed Vegetables	Margarine Cup	Cabbage Roll Stuffed	Wheat Bread
Sugar Cookie	Dumpling Apple	{ca,broc,caul}	Saltine Crakers	Pineapple Dream	w/Sauce	Margarine Cup
Mayonnaise	Ketchup	Cherries	Bread Pudding	Tea/Lemonade/Milk/Coffee	Diced Pears	Frosted Yellow Cake
Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee		Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee
Eve. Snack						
Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks
Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages

EVANSVILLE PROTESTANT HOME.
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Assorted Beverages

EVANSVILLE PROTESTANT HOME.		EPH Spring/ Summer 2023		Re	Week 3	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May-14, Jun-11, Jul-09, Aug- 06, Sep-03, Oct-01, Oct-29	May-15, Jun-12, Jul-10, Aug- 07, Sep-04, Oct-02	May-16, Jun-13, Jul-11, Aug- 08, Sep-05, Oct-03	May-17, Jun-14, Jul-12, Aug- 09, Sep-06, Oct-04	May-18, Jun-15, Jul-13, Aug- 10, Sep-07, Oct-05	May-19, Jun-16, Jul-14, Aug- 11, Sep-08, Oct-06	May-20, Jun-17, Jul-15, Aug- 12, Sep-09, Oct-07
Breakfast						
Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Bacon	Bacon	Sausage Patty	Bacon	Sausage Patty	Bacon	Biscuits and Gravy
Mini Danish	White Toast /Wheat Toast	Pancakes	White Toast /Wheat Toast	French Toast	White Toast /Wheat Toast	Margarine
Margarine	Jelly	Pancake Syrup	Jelly	Pancake Syrup	Jelly	Juice of Choice
Juice of Choice	Margarine	Margarine	Margarine	Margarine	Margarine	2% Milk
2% Milk	Juice of Choice	Coffee/Tea				
Coffee/Tea	2% Milk					
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	
Lunch						
Baked Glazed Ham	Chicken Florentine	Spaghetti Sauce w/Meat	Stuffed Green Pepper	Liver & Onions	Breaded Catfish	Salisbury Steak
Baked Potato	White Rice	Spaghetti Noodles	Scalloped Potatoes	Baked Sweet Potato	Macaroni & Cheese	Mashed Potatoes
Sugar Snap Peas	Normandy Vegetable Blend	Brussels Sprouts	Wheat Bread	Spinach	Green Beans	Brussels Sprouts
Dinner Roll	Wheat Bread	Wheat Bread	Margarine Cup	Wheat Bread	Wheat Bread	Dinner Roll
Margarine Cup	Margarine Cup	Margarine Cup	Sour Cream Orange Cake	Margarine Cup	Margarine Cup	Margarine Cup
Apple Pie	Red Velvet Cake	Chocolate Delight	Tea/Lemonade/Milk/Coffee	Diced Pears	Strawberry Delight	Carrot Cake
Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee		Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee
Dinner						
Minestrone Soup	BBQ Pork Ribette	Tomato Soup	Beer Battered Fish	Chicken Pot Pie	Goulash	Chicken & Broccoli Casserole
Saltine Crakers	Lettuce / Tomato / Onion	Saltine Crakers	Lima Beans	Green Peas	Brown Sugar Glazed Carrots	Mixed Vegetable
Pizza with Beef Topping	Steak Fries	Grilled Cheese Sandwich	Orange Glazed Beets	Biscuit	Wheat Bread	Wheat Bread
Peanut Butter Cookie	Pineapple and Oranges	Three Bean Salad	Margarine Cup	Margarine Cup	Margarine Cup	Margarine Cup
Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	Rice Krispie Treat	Chocolate Chip Cookie	Cantaloupe	Peach Crisp	Cherries
		Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee	Tea/Lemonade/Milk/Coffee
Eve. Snack						
Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks

Assorted Beverages

Assorted Beverages

Assorted Beverages

Assorted Beverages

Assorted Beverages

Assorted Beverages

EVANSVILLE PROTESTANT HOME.		EPH Spring/ Summer 2023		Regular		Week 4
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May-21, Jun-18, Jul-16, Aug- 13, Sep-10, Oct-08	May-22, Jun-19, Jul-17, Aug- 14, Sep-11, Oct-09	May-23, Jun-20, Jul-18, Aug- 15, Sep-12, Oct-10	May-24, Jun-21, Jul-19, Aug- 16, Sep-13, Oct-11	May-25, Jun-22, Jul-20, Aug- 17, Sep-14, Oct-12	May-26, Jun-23, Jul-21, Aug- 18, Sep-15, Oct-13	May-27, Jun-24, Jul-22, Aug- 19, Sep-16, Oct-14
Breakfast						
Choice of Cereal Scrambled Eggs Bacon Mini Danish Margarine Juice of Choice 2% Milk	Choice of Cereal Scrambled Eggs Bacon White Toast /Wheat Toast Jelly Margarine Juice of Choice	Choice of Cereal Scrambled Eggs Sausage Patty Pancakes Pancake Syrup Margarine Juice of Choice	Choice of Cereal Scrambled Eggs Bacon White Toast /Wheat Toast Jelly Margarine Juice of Choice	Choice of Cereal Scrambled Eggs Sausage Patty French Toast Pancake Syrup Margarine Juice of Choice	Choice of Cereal Scrambled Eggs Bacon White Toast /Wheat Toast Jelly Margarine Juice of Choice	Choice of Cereal Scrambled Eggs Biscuits and Gravy Margarine Juice of Choice 2% Milk Coffee/Tea
Coffee/Tea	2% Milk Coffee/Tea	2% Milk Coffee/Tea	2% Milk Coffee/Tea	2% Milk Coffee/Tea	2% Milk Coffee/Tea	
Lunch						
Pork Chop Hashbrown Casserole Whole Baby Carrots Fresh Baked Roll Margarine Cup Coconut Cream Pie Tea/Lemonade/Milk/Coffee	Chinese Pepper Steak White Rice Zucchini Fortune Cookie Red Gelatin Cake Tea/Lemonade/Milk/Coffee	Pork Tenderloin Parmesan Noodles Green Peas Margarine Cup Wheat Bread Cherry Delight Tea/Lemonade/Milk/Coffee	Fried Chicken wh or dr Parslied Potatoes Green Beans Dinner Roll Margarine Cup Lemon Pie Tea/Lemonade/Milk/Coffee	Roast Turkey Oven Browned Potatoes Corn Wheat Bread Margarine Cup Blueberry Crisp Tea/Lemonade/Milk/Coffee	Crab Cake Breaded Shrimp Cocktail Sauce Parmesan Noodles Mixed Vegetables Wheat Bread Margarine Cup Heavenly Hash Pie Tea/Lemonade/Milk/Coffee	Quiche Brussels Sprouts Dinner Roll Margarine Cup Baked Apples Tea/Lemonade/Milk/Coffee
Dinner						
Frankfurter On A Bun Ketchup Mustard Packet Potato Wedges Baked Custard Tea/Lemonade/Milk/Coffee	Chicken Salad Sandwich Lettuce / Tomato / Onion Potato Chips Butterscotch Pudding Tea/Lemonade/Milk/Coffee	Cabbage Roll Stuffed w/Sauce Fried Okra Dinner Roll Margarine Cup Strawberry Ice Cream Watermelon Tea/Lemonade/Milk/Coffee	Chicken Noodle Soup Saltine Crakers Roast Beef & Provolone Sandwich Lettuce / Tomato / Onion Mayonnaise Vanilla Yogurt Cup Tea/Lemonade/Milk/Coffee	Lasagna Broccoli Breadstick Margarine Cup Sugar Cookie Tea/Lemonade/Milk/Coffee	BBQ Pork Sandwich French Fries Oatmeal Raisin Cookie Strawberries Tea/Lemonade/Milk/Coffee	Chunky Vegetable Soup Saltine Crakers Deli Sandwich Lettuce / Tomato / Onion Orange Sherbet Cup Tea/Lemonade/Milk/Coffee
Eve. Snack						
Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks	Assorted Snacks

Assorted Beverages

Assorted Beverages

Assorted Beverages

Assorted Beverages

Assorted Beverages

Assorted Beverages

Assorted Beverages